SUN PROTECTION IN SCHOOLS POLICY

Stirling East
Primary School
51 Braeside Road
Stirling SA 5152
08 8339 1420
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RATIONALE

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1 and 4. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

USING SUN PROTECTION

The school uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1 and 4** including:

CLOTHING

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for outdoor swimming.

SUNSCREEN

Students must provide their own SPF 30 or higher broad spectrum, water resistant sunscreen *and* the school supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and students' use.

Students are encouraged to apply Sunscreen at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors and buddies).

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

HATS

All students and staff are required to wear their school hats that protect their face, neck and ears whenever they are outside. Baseball or peak caps are not acceptable.

SHADE

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days and other outdoor events

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to be held earlier in the day where practical. Shade is supplied for outdoor events when UV is high.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun.

CURRICULUM

Programs on skin cancer prevention are included in the curriculum for all year levels.
Sun Smart behaviour is regularly reinforced and promoted to the whole school community through, staff meetings, school assemblies, student and teacher activities and in student enrolment packs.

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